



Need a **BINDER**
for your back issues?
Visit www.wanderlust.co.uk/shop
or call 01753 620426



100 DEC 08/
JAN 09



101 FEB 09



102 MAR 09



103 APR/
MAY 09



104 JUN/
JUL 09



105 AUG/
SEP 09



106 OCT 09



107 NOV 09

CATEGORY	ISSUE	PAGE	CATEGORY	ISSUE	PAGE	CATEGORY	ISSUE	PAGE
DESTINATIONS			Russia, Karelia: a journey into fairytale Russia	101	92	FIRST TIME		
AFRICA			Spain, the Alhambra, Granada	101	40	Travelling solo	105	112
Benin, voodoo and Chatwin	100	72	Spain, Time Out Madrid and beyond	106	70	Cycle touring	106	96
Democratic Republic of Congo/Rwanda/ Uganda, Gorilla watching	103	44	Turkey, Cappadocia	104	40	Expeditions	107	110
Kenya, climbing Mt Kenya	102	46	UK, wintry walking in West Sussex	101	88			
Kenya, photo safari, Masai Mara	105	60	UK, Mull, Scotland	105	76	FOOD		
Secret Morocco, travel blueprint	107	82	UK, steam train through Snowdonia, Wales	105	80	5 under-appreciated cuisines	100	108
Morocco, Berber trek, High Atlas	107	92	Ukraine, Lviv	100	103	Ecuadorian locro: cheese and potato soup	101	135
Namibia, mule trekking, Fish River Canyon	101	28	Best cycling cities	103	88	Ethiopian injera: pancake bread	102	139
Senegal, Dakar's clubs	100	92	Credit-crunch castles	104	62	Indonesian nasi goreng: fried rice	103	124
Senegal, beyond the beach	106	30	Multi-country weekends	106	68	Turkish mezze	104	120
Sierra Leone, beaches and chimps	104	48	Peak-bagging in Europe	107	16	Vietnamese pho bo: beef noodle soup	105	120
Zambia, walking safari	107	42				Korean kimchi: fermented cabbage	107	125
			MIDDLE EAST					
AMERICAS			Yemen, Socotra	100	54	GEAR		
Canada, Newfoundland	100	42				Gear of the Year	100	142
Cuba's <i>casas particulares</i>	103	74	REST OF THE WORLD			Power on the move: portable chargers	101	124
Alternative Caribbean travel blueprint	106	74	Antarctica, Snow Hill Island	100	64	Fighting cabin fever: games, gizmos & more	102	124
Bolivia/Peru, Lake Titicaca	102	58	Australia, Tarkine wilderness, Tasmania	105	24	Daypacks	103	113
Chile, Torres del Paine	107	58	South Australia – Travel Photo of the Year			Camping	104	107
Costa Rica, offbeat ecolodges	106	48	2008: the winners' prize portfolios	106	54	Trekking	105	108
Ecuador, Quito and surroundings	100	24	New Zealand, Stewart Island's kiwis	100	85	Three of the best: fleeces	106	106
Ecuador, Galápagos Islands travel blueprint	101	98				Three of the best: netbooks	107	114
Falkland Islands, walking and wildlife	102	74	GLOBAL ROUND-UPS					
Guatemala, Mayan city of El Mirador	105	44	Threatened wonders 2009	101	56	HEALTH		
Guyana, people and wildlife	103	32	Expedition cruises	102	88	Most asked questions	100	146
Mexico, art appreciation in Mexico City	100	60	Great sailing spots	103	62	Travel by the rules: health & etiquette	101	132
Nicaragua, a revolutionary tour	104	70	Homestays worldwide	103	80	Dengue fever and mosquito-borne diseases	102	132
Panama, hiking the Darién Gap	100	96				Surviving plane journeys	103	122
Peru, rafting the Urubamba	100	71	AWARDS			Lyme disease	104	118
USA, riding the A Train, New York City	102	98	Travel Photo of the Year 2008: the winners	102	28	Diabetes	105	116
USA, ferry to the Aleutian Islands, Alaska	107	72	Wanderlust Travel Awards 2009: the results	102	67	Travel health – new developments	106	112
			Guide Awards 2009: the shortlist	103	30	Surviving the cold	107	120
			Guide Awards 2009: the winners	107	37			
ASIA						INTERVIEWS		
Bhutan, travel blueprint	100	114	CLASSIC TRAVEL			Virginia McKenna OBE	103	111
Burma (Myanmar), temples of Pagan	100	50	The first woman to bike the 'world', 1894	101	152	Chris Stewart	104	105
Cambodia/Laos/Vietnam, Indochina travel blueprint	104	84	Sven Hedin maps Xinjiang, 1934	102	152	Stephen Fry and Mark Carwardine	105	104
China, Lijiang and Tiger Leaping Gorge	106	40	Joseph Hooker hunts rare plants in the Himalaya, 1847	103	136	Jane Goodall	106	28
India, hidden secrets	100	82	Gino Watkins explores Greenland, 1930	104	128	Sara Wheeler	107	105
India by rail, travel blueprint	102	102	Joseph Thomson charms East Africa, 1879-84	105	128			
India, village walks in the Himalayan foothills	104	28	The Smith brothers roar to Australia, 1919	106	128	PHOTO TIPS		
India, Rajasthan	107	46	Peter Fleming in Samarkand, 1934	107	136	10 top tips and locations	100	150
Indonesia, Pasola festival, Sumba	100	90				Perfect portraits	101	130
Malaysia/Indonesia, Borneo, travel blueprint	105	88	CONSUMER ISSUES			Night-time photography	102	130
Nepal, trekking the new Annapurna circuit	103	64	Flying premium economy	103	104	Markets	103	118
Pakistan, into the Karakoram Mountains	101	64	Travel for free	104	80	Wildlife	104	114
Vietnam, Central Highlands	101	48				Photo safaris: FAQ	105	70
			DISPATCHES			Shooting portfolios	106	110
EUROPE			Afghanistan, from Kabul to the Hindu Kush	101	25			
Austria, posh hiking	103	86	Zimbabwe, in Mugabe's backyard	102	25	SPECIAL INTEREST		
Czech Republic, Time Out Prague and beyond	104	64	Venezuela, on revolutionary roads	103	29	History of Wanderlust	100	34
Estonia/Latvia/Lithuania, Baltic States travel blueprint	103	94	Branding nations – changing preconceptions	104	22	Travel with a musical instrument	100	89
Faroe Islands	103	82	Italy, Stromboli's fire festival	105	19	Departures 2023	100	128
France, kayaking in the Ardèche	102	94	Peru, Lima's Hash House Harriers	106	26	The 100 Club – original Wanderlust subscribers meet	100	168
Germany, Time Out Berlin and beyond	107	80	Thailand, Muay Thai for women	107	22	Are you addicted to travel?	101	76
Hungary, Sopron: the new Prague?	102	100				The career coach's career break	102	128
Iceland, sailing the Westfjords	103	54	ETHICS GIRL			Disabled travellers	105	56
Ireland, Time Out Dublin and beyond	105	82	Travel secrets: should you keep them?	100	18	A short history of luggage	106	16
Italy, South Tyrol on a Vespa	106	64	Asking permission for photography	101	19			
Kosovo	107	66	Locals taking your photo	102	19	VOLUNTEERING		
Montenegro	104	58	Road trips – are they wrong?	103	21	Volunteering during the credit crunch	100	149
Norway, Sommarøy	101	86				Conservation volunteering	101	137
Norway, Sognefjord	105	36	FAMILY TRAVEL			Disaster relief volunteering	102	141
Norway, Spitsbergen in winter	107	28	Trekking with kids	100	153	Volunteer and learn a skill	103	121
Portugal, C�a Valley	101	82	Let your kids call the travel shots	101	142	DIY volunteering – pros and cons	105	119
Russia, reindeer herding in Chukotka	100	113	Picking family accommodation	102	142	Voluntourism	106	115
			Best of the UK for families	103	129	Post-trip philanthropy	107	127